


# October 2014

## LONGLEY WAY BREAKFAST MENU

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|---|--|
|  |  | 1<br>BREAKFAST BURRITO<br>CHOCOLATE MUFFIN                     | 2<br>YOGURT PARFAIT<br>WAFFLE & SAUSAGE                     | 3<br>BREAKFAST PIZZA<br>CHOCOLATE MUFFIN                     |
| 6<br>PANCAKE & SAUSAGE<br>ASSORTED CEREALS  | 7<br>FRENCH TOAST STICKS<br>BAGEL & CREAM CHEESE                     | 8<br>BREAKFAST BURRITO<br>CHOCOLATE MUFFIN                     | 9<br>MINIMUM DAY<br><br>YOGURT PARFAIT<br>WAFFLE & SAUSAGE  | 10<br>PUPIL HOLIDAY  |
| 13<br>PANCAKE & SAUSAGE<br>ASSORTED CEREALS                                       | 14<br>FRENCH TOAST STICKS<br>BAGEL & CREAM CHEESE                    | 15<br>BREAKFAST BURRITO<br>CHOCOLATE MUFFIN                    | Milk 16<br>YOGURT PARFAIT<br>WAFFLE & SAUSAGE               | 17<br>BREAKFAST PIZZA<br>CHOCOLATE MUFFIN                    |
| 20<br>PANCAKE & SAUSAGE<br>ASSORTED CEREALS                                       | 21<br>FRENCH TOAST STICKS<br>BAGEL & CREAM CHEESE                    | 22<br>BREAKFAST BURRITO<br>CHOCOLATE MUFFIN                    | 23<br>YOGURT PARFAIT<br>WAFFLE & SAUSAGE                    | 24<br>BREAKFAST PIZZA<br>CHOCOLATE MUFFIN                    |
| 27<br>MINIMUM DAY<br><br>PANCAKE & SAUSAGE<br>ASSORTED CEREALS                    | 28<br>MINIMUM DAY<br><br>FRENCH TOAST STICKS<br>BAGEL & CREAM CHEESE | 29<br>MINIMUM DAY<br><br>BREAKFAST BURRITO<br>CHOCOLATE MUFFIN | 30<br>MINIMUM DAY<br><br>YOGURT PARFAIT<br>WAFFLE & SAUSAGE | 31<br>MINIMUM DAY<br><br>BREAKFAST PIZZA<br>CHOCOLATE MUFFIN |

### OFFERED DAILY:

1% LOWFAT MILK  
NONFAT CHOC. MILK  
APPLE JUICE  
ORANGE JUICE  
FRESH FRUIT